

hours
mon. - 11-6p
tues. - fri. - 11-6p
sat. - 11-4p



47 kings highway,
 haddonfield, nj 08033
 p 856.795.4333
 www.theaprononline.com

homemade soups

a selection of our daily soups will warm you –
 nourishing your body, mind and soul.
 med (12 oz) -\$3.95 lg (16oz) – \$5.95
 qt (32 oz) - \$11.95

chili (turkey or veggie)

med (12 oz) -\$4.25 lg (16oz) – \$6.25
 qt (32 oz) - \$12.95

quiches

quiche du jour
 \$4.50 slice \$20.00 whole

apron's lunch box - \$8.00

you pick 2: 12oz soup, 1/2 sandwich or wrap, slice of quiche or a
 salad (garden, caesar or spinach)
 (daily specials not included in lunch box)

wraps and sandwiches

**apron's signature sandwiches - choice of metropolitan country white, metropolitan multi grain,
 french baguette or wrap**

bessie's dijon tuna - \$7.00

tuna salad, dijon, carrot sticks and greens

unforgettable chicken salad- \$7.95

chicken breast, celery, red onion, grapes, apples, almonds and crai-
 sins

apron's buffalo chicken \$7.95

roasted chicken, homemade buffalo sauce, crumbled
 blue, celery and romaine

christopher's special—\$7.95

chicken cutlet, sautéed spinach, melted provolone

pop's roasted turkey classic - \$7.95

roasted turkey, bacon, tomato, romaine and mayo

felicia's turkey and berries - \$7.95

roasted turkey, whole cranberries, romaine and mayo

veggie \$7.50

Roasted pepper, roasted eggplant, roasted zucchini, sun-
 dried tomato spread, feta

dlj - \$8.00

sliced turkey meatloaf, apron's spicy mayo,
 caramelized onions and bacon

auntie's egg cellent salad - \$6.95

egg salad, bacon and greens

granny's peanut berry - \$5.95

pbj with thinly sliced granny smith apples

sarah's ham and brie — \$7.75

baked ham, brie, apples and mayo

jt's meatball—\$7.75

homemade meatballs, and parmesan

apron's melts

(NOT INCLUDED IN THE LUNCH BOX) (please allow 10/12 minutes for melts)

maria's grilled cheese - \$6.50

cheddar and muenster cheese on a thick slice of country white
 or multi grain

***add ham or bacon for an additional \$1.00

uptown grilled cheese-\$7.50

cheddar, muenster and blue cheese with thinly sliced apples on
 thick slices of country white or multi grain

apron's salads

(good old stand-byes) **add chicken to any salad for an additional \$1.95

buddy's classic caesar - \$7.25

romaine, parmesan and homemade croutons in a creamy cae-
 sar dressing

my big fat greek salad - \$7.25

romaine, cucumbers, feta, tomatoes, red onion, olives with a Medi-
 terranean vinaigrette

jb's spinach salad - \$7.25

baby spinach, hard boiled egg, bleu or feta cheese, seasonal
 fruit and red onion with a balsamic vinaigrette

jess's special salad-\$7.25

greens, seasonal fruit, raisins, red onion, crumbled blue cheese
 with a light vinaigrette

apron's seasonal salad & veggie specialties

(may be in the case)

sm- \$4.50 med-\$7.95 lg-\$15.50

sweet serenity

roasted sweet potatoes, toasted almonds, celery,
 raisins with a red wine vinaigrette

healthy kale and quinoa

kale, raisins, feta, toasted almonds and vinaigrette

Sautéed cabbage \$2.95 serving

Cabbage sautéed in olive oil and garlic

Amelia's roasted veggie cous cous

Roasted veggies , cous cous and light red wine vinai-
 grette

ask about our catering!
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apron's famous pot pies
featured on nbc 10 and in south jersey magazine
*small pot pies \$8.95,(serves 1) *medium pot pies \$18.00,(serves 2-3)
(available on wednesdays) * otherwise anytime with 48 hr notice

apron's specials
may be in the case, but if not, give us 48 hrs to prepare for you!

magone's mac and cheese - \$7.25
5 creamy cheese macaroni bake with toasted bread-crumbs

jess's famous meatballs - \$.75 ea
a special secret

jennifa's southwest meatloaf - market price
ground turkey, cheddar cheese, salsa and bread crumbs

kale and white cheesy beans - \$5.95
hearty sautéed kale and creamy parmesan beans

the good shepherd's pie—\$8.50 sm (single serving), \$16.95 med (double serving)
ground beef simmered in cabernet sauvignon, baked with peas, mashed potatoes and topped with cheddar cheese

Jess's bucket of love—\$7.50
Ground turkey, spinach, ricotta, feta, chick peas and more cheese baked to perfection

Mom-moms stuffed peppers—price based on size
Peppers stuffed with meatball or turkey ground meat, rice and cheese with a light tomato sauce

save room for desserts

fudgie wudgie brownies

just like your mom's rice krispie treats

pumpkin chocolate chip muffins

the best applesauce cake ever

suz's outstanding bread pudding

megan's famous chocolate chip raisin oatmeal cookies

we recommend calling ahead. our food is made to order.

local delivery available.
outside of haddonfield there is a \$10 minimum.
delivery fee applied for outside of Haddonfield

customized catering menus available.

all prices subject to market changes.

the sophisticate:

\$12.95

includes choice of **unforgettable chicken salad wrap** or **sarah's ham and brie on a baguette**, small salad and a soda

the original lunch box

\$8.95 with drink

you pick 2: 12 oz soup, 1/2 sandwich or wrap, slice of quiche
or a salad (garden, caesar, spinach or macaroni)

the salad bowl

\$9.95 with drink

jess's special salad: greens, seasonal fruit, craisins, red onion,
crumbled blue cheese and a light vinaigrette