



hours
mon. - 11-6p
tues. - fri. - 11-6p
sat. - 11-4p

47 kings highway,
haddonfield, nj 08033
p 856.795.4333
www.theaprononline.com

homemade soups

a selection of our daily soups will warm you –
nourishing your body, mind and soul.
med (12 oz) -\$3.95 lg (16oz) – \$5.95
qt (32 oz) - \$12.95

quiches

quiche du jour
\$4.50 slice \$20.00 whole

apron's lunch box - \$7.95

you pick 2: 12oz soup, 1/2 sandwich or wrap, slice of quiche or a
salad (garden, caesar, spinach or macaroni)
(daily specials not included in lunch box)

wraps

all wraps and sandwiches come with chips

1/2 wraps and sandwiches with a lunch box only

bessie's dijon tuna wrap - \$7.00

tuna salad, dijon, carrot sticks and greens

born to run - \$7.00

black beans, sweet potatoes, cheddar, salsa and cream cheese

unforgettable chicken salad- \$7.75

chicken breast, celery, red onion, grapes, apples, almonds and raisins

chrisie's veggie wrap - \$7.25

roasted veggies, apron's sundried tomato spread, mozzarella and
greens

gig's west coast - \$7.25

apron's hummus, red onion, tomatoes, cream cheese, cucumbers,
feta and greens

apron's signature sandwiches

pop's roasted turkey classic - \$7.50

roasted turkey, bacon, tomato, romaine and mayo on your
choice of bread

felicia's turkey and berries - \$7.50

roasted turkey, whole cranberries, romaine and mayo on your
choice of bread

saucy simone - \$8.25

sliced roast beef, horseradish sauce, blue cheese, red onion and
greens on a baguette

dlj - \$8.25

sliced turkey meatloaf, apron's spicy mayo,
caramelized onions and bacon on your choice of bread

auntie's eggcellent salad - \$6.95

egg salad, bacon and greens on multi grain

granny's peanut berry - \$5.95

pbj with thinly sliced granny smith apples on multi grain or
country white

sarah's ham and brie — \$7.75

baked ham, brie, apples and mayo on a baguette

jt's meatball—\$7.50

homemade meatballs, and parmesan on a
baguette

paup's blt—\$6.95

bacon, lettuce, tomato and spicy mayo on your choice of
bread

the little jersey girl—\$7.50

tomato, mozzarella and basil on a baguette

apron's melts

(NOT INCLUDED IN THE LUNCH BOX) (please allow 10/12 minutes for melts)

maria's grilled cheese - \$6.25

cheddar and muenster cheese on country white or multi grain
***add ham or bacon for an additional \$1.00

uptown grilled cheese-\$7.00

cheddar, muenster and blue cheese with thinly sliced apples on
country white or multi grain

apron's salads

(good old stand-bys) **add chicken to any salad for an additional \$1.50

jess's special salad-\$7.25

greens, seasonal fruit, raisins, red onion, crumbled blue cheese with a light vinaigrette

buddy's classic caesar - \$7.25

romaine, parmesan and homemade croutons in a creamy caesar
dressing

my big fat greek salad - \$7.25

romaine, cucumbers, feta, tomatoes, red onion, olives with a
mediterranean vinaigrette

jb's spinach salad - \$7.25

baby spinach, hard boiled egg, bleu or feta cheese, seasonal fruit
and red onion with a balsamic vinaigrette

classic mac - \$4.25...\$7.25...\$14.95

macaroni, carrots, celery, onion and peppers with apron's creamy
mayo dressing

apron's seasonal salad specialties

(may be in the case)

sm- \$4.50 med-\$8.00 lg-\$15.50

jersey boy

tomato, cucumber, red onion and a simple red wine
vinaigrette

greek orzo

orzo, cucumber, parsley, tomato, red onion, feta and a
lemon vinaigrette

sweet serenity

roasted sweet potatoes, toasted almonds, celery, raisins and rai-
sins with a red wine vinaigrette

healthy kale and quinoa

kale, raisins, feta, toasted almonds and vinaigrette

ask about our catering!
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weekly dinners*– grab and go \$11.95 (*subject to change)

monday - jennifa's turkey meatloaf with potatoes

tuesday - pasta du jour and a garden salad

thursday - the good shepherd's pie and a garden salad

wednesday - small chicky pot pie and a garden salad

friday - whatever is fresh and seasonal

apron's famous pot pies
featured on nbc 10 and in south jersey magazine
*small pot pies \$8.50,(serves 1) *medium pot pies \$16.50,(serves 2-3)
(available on wednesdays) * otherwise anytime with 48 hr notice

apron's specials

may be in the case, but if not, give us 48 hrs to prepare for you!

magone's mac and cheese - \$7.25
5 creamy cheese macaroni bake with toasted breadcrumbs

jess's famous meatballs - \$.75 ea
a special secret

jennifa's southwest meatloaf - market price
ground turkey, cheddar cheese, salsa and bread crumbs

not the golden arches chicken tenders - 3 for \$6.95
chicken tenders breaded (with our special coating)sautéed to a golden brown with your choice of sauce: honey mustard, bbq or ranch

kale and white beans - \$5.95
hearty kale and white beans sautéed with garlic and olive oil

save room for desserts

fudgie wudgie brownies
just like your mom's rice krispie treats

the best applesauce cake ever
suz's outstanding bread pudding

pumpkin chocolate chip muffins

megan's famous chocolate chip raisin oatmeal cookies

apron's special spreads and dips....

mom mom's hot pepper mayo
sundried tomato spread
toasted townie hummus
guac whip (available upon request)

locally roasted organic coffee

fresh brewed ice tea

catering lunch boxes

the sophisticate:

\$12.95

includes choice of **unforgettable chicken salad wrap** or **sarah's ham and brie on a baguette**, small salad and a soda

the original lunch box

\$8.95 with drink

you pick 2: 12 oz soup, 1/2 sandwich or wrap, slice of quiche or a salad (garden, caesar, spinach or macaroni)

the salad bowl

\$9.95 with drink

jess's special salad: greens, seasonal fruit, craisins, red onion, crumbled blue cheese and a light vinaigrette

we recommend calling ahead. our food is made to order.
local delivery available.

outside of haddonfield there is a \$10 minimum.
delivery fee applied for outside of haddonfield
customized catering menus available.
all prices subject to market changes.