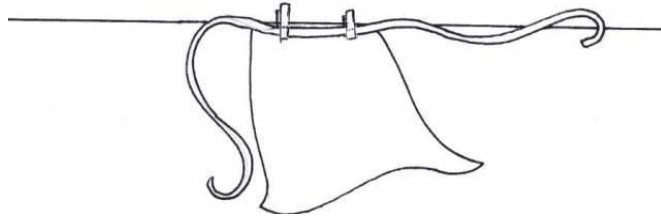


“apron everyday”

slow food. good food. no strings attached.

(call to see what's cooking today)



apron

47 e kings highway
haddonfield, nj 08033
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www.theaprononline.com
P 856.795.4333

Call for Our Daily Specials!

Local Delivery Available

Customized Catering Menus Available

apron motto.....

apron is part of the slow food movement and a healthy alternative to fast food. we make everything on the premises and take great pride in our fresh ingredients and the way we prepare our food. we try to buy locally and support our jersey farmers. apron is a family affair with recipes handed down from one generation to the next. we will always have new and exciting additions to our menu and will try to accommodate your needs.



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wraps

unforgettable chicken salad wrap

chicken breast, celery,
red onion, grapes, almonds,
craisins.

whole \$7.50 ½ \$3.65

chrissie's veggie wrap

roasted veggies, roasted peppers, mushrooms,
sundried tomato spread,
mozzarella, greens.

whole \$6.95 ½ \$3.50

gig's west coast wrap

cucumbers, hummus, red onion, tomatoes,
cream cheese, feta, greens.

whole \$6.95 ½ \$3.50

bessie's dijon tuna wrap

albacore tuna salad, dijon, carrot sticks, greens.

whole \$6.95 ½ \$3.50

sandwiches

sarah's ham and brie

ham, brie, apple and rosemary
on fresh crusty bread.

\$6.75

auntie's excellent salad

egg salad and bacon on whole grain bread.

\$5.95

maria's grilled cheese

muenster, cheddar and bleu on crusty bread.

\$5.25

the tyanna

swiss, cheddar, thinly sliced red onion, cucumber and herb
mayo on pumpernickel.

\$5.50

felicia's turkey and berries

roasted turkey, apple and cranberry chutney, lettuce
on fresh baked bread.

\$6.95

pop's roasted turkey classic

roasted turkey, bacon lettuce and tomato on fresh baked
bread.

\$6.95

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fresh soups

(please call for soups of the day)

sue's potato leek
dad's cuban black bean
cream of mushroom
chicken noodle cure-all
clam chowda...new england style
chicken and rice
corn chowder
veggie lentil
french onion
turkey chili
veggie chili
broccoli and cheddar
white bean and kale
tuscan bean
chicky chic pea
split pea with ham
creamy tomato
natalie's minestrone
sweet potato puree

sm \$2.95 med \$3.95 lg \$5.95

salads

“eat your colors” quinoa salad

quinoa, black beans, carrots, celery, onion, red cabbage,
peppers, with southwest spices.

sm \$4.00 med \$5.50 lg \$9.50

buddy's classic caesar salad

romaine lettuce, parmesan, homemade croutons with caesar
dressing.

\$6.75

jb's spinach salad

baby spinach, red onion, hard boiled egg, bleu cheese with
fresh blueberries and vinaigrette.

\$6.95

red, white and bleu Potato Salad

red potatoes, red onion, blue cheese and dill

\$6.75

quiches

spinach and swiss
asparagus and swiss
broccoli and cheddar
lorraine
slice \$4.00 whole \$18.00



“apron otherwise”

slow food. good food. no strings attached.

*(call to see what's cooking today...
otherwise, give us 24-36 hours to prepare your order)*

picnics

get carried away with apron's mini picnics!

\$6.95

mediterranean

fresh pita, hummus, feta and olives

french

artisan cheeses, baguette, fresh fruit

italian

provolone, artichokes, roasted peppers and fresh baguette

the debbie

cottage cheese, fresh fruit and banana or zucchini bread

entrees

chicky pot pies (best pot pie ever!)

chicken breast meat, carrots, celery, potatoes, onion, peas
with sage and puffed pastry.

sm \$7.95 med \$15.95 lg \$25.00

bubba's beef stew

chunks of beef, carrots, onions and potatoes simmered in cabernet.

sm \$7.95 med \$15.95

pauline's spinach lasagna

layers of noodles filled with spinach, ricotta, mozzarella, parmesan and our secret cheese with homemade
tomato sauce.

slice \$7.95 whole \$16.95

magone's cheesy mac (doesn't get any better)

macaroni, five creamy cheeses with a toasted breadcrumb topping.

sm \$6.50 med \$11.95

mom mom's stuffed peppers

peppers stuffed with ground beef, rice and cheese
in a light tomato sauce.

\$5.95 ea

lyla's veggie stuffed peppers

lentils, brown rice, fresh veggies, parmesan, bread crumbs
and cheddar cheese

\$5.95 ea

charlie's chicken strips

breaded chicken tenders and parmesan cheese
with our homemade honey mustard.

\$1.50 ea

dips

toasted townie hummus

lora's guacamole whip (*a haddonfield fav*)

dilly bleu spread

sundried tomato spread

sm \$5.00 med \$9.95

